



EXPLORING HARMS OF DRUG OR ALCOHOL USE

<p>How are drugs or alcohol obtained?</p> <p>Who supplies it? Where do you get it from? How is it paid for?</p>	<p>Harms and consequences (Physical, Social, Psychological)</p>
<p>How are drugs or alcohol used?</p> <p>Is it snorted/ingested/smoked/injected? Used only when with friends/when stressed etc? Binge use?</p>	<p>Harms and consequences (Physical, Social, Psychological)</p>
<p>What happens when using drugs or alcohol?</p> <p>Takes more risks? Overdose? Blackouts? Exposure to risks?</p>	<p>Harms and consequences (Physical, Social, Psychological)</p>
<p>What happens after use?</p> <p>Physically sick? Depressed? Anxious?</p>	<p>Harms and consequence (Physical, social, psychological)</p>