



MY GOALS

MY GOAL	WHAT ARE THE THINGS I HAVE TO DO TO ACHIEVE THIS?	WHEN WILL IT HAPPEN?
1.	1. 2. 3. 4.	
2.	1. 2. 3. 4.	
3.	1. 2. 3. 4.	

ARE MY GOALS

1. Specific? 2. Measurable? 3. Attainable? 4. Realistic? 5. Time limited?