

# RISK + PROTECTIVE FACTORS

Examples of Risk and protective factors associated with the development of drug or alcohol problems

RISK	PROTECTIVE FACTORS
<b>COMMUNITY LEVEL</b>	
<ul style="list-style-type: none"> <li>• High availability of drugs in a neighbourhood.</li> <li>• Little stability or cohesion in community</li> <li>• Unstable housing or lots of transitions</li> <li>• Poverty-disadvantaged neighbourhoods</li> </ul>	<ul style="list-style-type: none"> <li>• Co-operation and cohesion within the community</li> <li>• Stability and connection of the community population</li> <li>• Safe and secure housing</li> <li>• Good relationship with adult or adults outside the family</li> <li>• Sense of belonging to a community</li> </ul>
<b>SCHOOL LEVEL</b>	
<ul style="list-style-type: none"> <li>• Disconnection (or at risk) from School</li> <li>• Not achieving at school</li> <li>• Suspension or expulsion</li> <li>• Transitions between many schools</li> <li>• Not fitting in at school</li> <li>• Parents not valuing school</li> </ul>	<ul style="list-style-type: none"> <li>• A sense of belonging at school</li> <li>• Positive achievements at school (not just academic)</li> <li>• Attendance at preschool education</li> </ul>
<b>FAMILY LEVEL</b>	
<ul style="list-style-type: none"> <li>• Family history of problem AOD use</li> <li>• Family conflict</li> <li>• Harsh or inconsistent parenting</li> <li>• Marital conflict</li> </ul>	<ul style="list-style-type: none"> <li>• A sense of belonging or connectedness to family</li> <li>• Proactive family problem solving</li> <li>• Family rituals/celebrations held and maintained</li> <li>• A warm relationship even with one parent</li> </ul>
<b>INDIVIDUAL/PEER LEVEL</b>	
<ul style="list-style-type: none"> <li>• Alienation/rebelliousness</li> <li>• Hyperactivity/impulse control difficulties</li> <li>• Friendship groups where drug use is encouraged or normal.</li> <li>• Friends who engage in problem behaviours</li> <li>• Positive attitudes towards using drugs</li> <li>• Using drugs at an early age</li> <li>• Experiences of abuse/trauma or neglect</li> </ul>	<ul style="list-style-type: none"> <li>• Even temperament</li> <li>• Good social skills</li> <li>• Work success during adolescence</li> <li>• Connection with some friends who don't use drugs or alcohol</li> <li>• Different sets of friendship groups</li> </ul>